



Duke of Edinburgh's Award Expeditions for All



Your
expedition in
safe hands



Contents

- 2 All you need and more
- 3 All the essentials provided
- 4 Schools & Groups Expedition Packages
- 5 Bronze Expedition by Foot
- 6 Silver Expedition by Foot
- 7 Gold Expedition by Foot
- 8 Silver & Gold Expeditions by Bicycle
- 9 Silver & Gold Expeditions by Canoe
- 10 Expedition Support for Schools & Groups
- 11 Open Expeditions for Individuals
- 12 Bronze Open Expedition by Foot
- 13 Silver Open Expedition by Foot
- 14 Gold Open Expedition by Foot
- 15 Our Staff are our strength
- 16 Leaders in DofE Expeditions
- 17 Safety and Supervision
- 18 Ratios



Ben Keen
Managing Director

Your Expedition in Safe Hands

The Adventure Element are proud to stand as a leading provider of Duke of Edinburgh's Award Expeditions. We know how taking part can have a positive impact on a young person's life, and can make them stand out from the crowd.

Our professional planning and delivery service ensures you will feel in safe hands.



ALL YOU NEED & MORE

We offer expedition packages to suit all needs. We make the running or taking part in a DofE expedition as easy as possible, working closely with you to ensure you receive the very best experience.



A Flexible & Adaptable Approach

Our wide range of packages and services are designed and adapted to suit the differing needs of schools, groups and individuals, as outlined below.

Expedition Packages for Schools & Groups

Let us take the strain - we can manage your complete DofE Bronze, Silver or Gold expeditions. (Pg 5)

Expedition Support for Schools & Groups

A lighter touch approach - we can support you in the delivery of your DofE programme through providing experienced staff, equipment hire or logistics planning. (Pg10)

Open Expeditions for Individuals

Bronze, Silver & Gold DofE expedition packages for individuals who have not been able to complete their's with a local group or school. (Pg11)

ALL THE ESSENTIALS PROVIDED

We want you to have the very best service available.

Benefit from our experience and the use of high quality group expedition equipment.

Our services available to you:

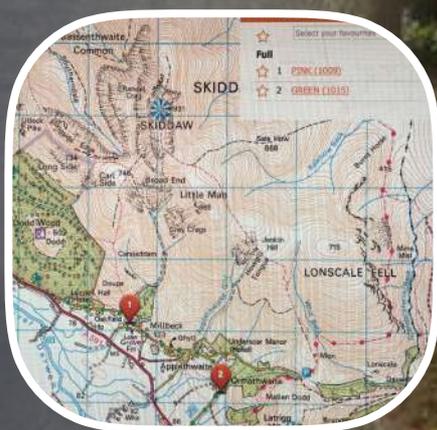
- Dedicated Programme Coordinator
- In-school presentation
- Training & Practice expeditions
- Qualifying expeditions
- Qualified & experienced staff
- Staff always on-call 24 hours a day
- Logistics planning
- DofE registered Assessors
- Green forms completed for you
- Booking and payment of campsites
- Indoor accomm / facilities incl. some meals*

* not available for all programmes.

Equipment for your use:

- ✓ High quality tents, designed for DofE expeditions
- ✓ Gas-fuelled Trangia stoves
- ✓ Waterproof maps and compass
- ✓ Group First Aid kits
- ✓ Coloured 'team' rucksack covers
- ✓ Emergency shelters
- ✓ GPRS Tracking devices

All teams carry a state of the art **GPRS Tracker**. Used in conjunction with usual supervision systems, these devices offer an additional layer of safety and peace of mind.



SCHOOL & GROUP EXPEDITION PACKAGES



We provide expedition packages at Bronze, Silver and Gold levels of the Award, by one of 3 modes of transport: Foot, Bicycle and Canoe.



Let us take the strain

Your dedicated Programme Coordinator will guide you through the expedition planning process - working with you and your students, to ensure a smooth, stress-free expedition process.

Locations

Explore and experience some of the most stunning environments in the UK.

We will deliver your expedition package in a location that suits you. For example:

- | | |
|---------------|-----------------|
| Lake District | Brecon Beacons |
| Snowdonia | Yorkshire Dales |
| Peak District | Scotland |
| West Midlands | Lancashire |
| Cotswolds | Wye Valley |

.....or wherever you want it to be.





BRONZE EXPEDITION BY FOOT

for schools & groups



The Bronze Award is great way to be introduced to the DofE Award. Expeditions can be delivered as locally as possible to your school or organisation. Our staff will fully prepare your students, through comprehensive training and planning.

£199 per person for an all inclusive package

Duration: 5 Days

Min. group size: 10

Discounts available for larger groups or groups with own equipment.

Below is a typical 'Full Bronze Package'. We will work with you to design a programme that suits both your needs and the level of The Award.

*prices are exclusive of VAT



Pre-Expedition Training

Can take place in your school or group's location.

Topics covered:

- Stove use & food choices
- Erecting tents
- Introduction to navigation
- Clothing and equipment
- Route planning

Practice Expedition

DAY 1

- Equipment checks
- Start planned route
- Additional training
- Overnight camp

DAY 2

- Continue planned route
- Full team debrief

Qualifying Expedition

DAY 1

- Equipment checks
- Route Planning
- Remotely supervised
- Overnight camp

DAY 2

- Continue planned route
- Assessors debrief



SILVER EXPEDITION BY FOOT

for schools & groups



Moving into more wild terrain, participants' skills level will increase along with their confidence and ability to be self reliant.

More advanced navigational techniques and expedition skills will be learnt, in order to complete their routes.

£315 per person for an all inclusive package

Duration: 7 Days

Min. group size: 10

Discounts available for larger groups or groups with own equipment.

Below is a typical 'Full Silver Package'. We will work with you to design a programme that suits both your needs and the level of The Award.

*prices are exclusive of VAT



Training / Practice Expedition

DAY 1
Pre-Expedition Training

- Emergency plans
- Camp craft
- Kit checks
- Route planning

DAYS 2-3
Practice Expedition

- Start planned route
- Navigation practice
- Instructor debrief
- Overnight camps

DAY 4
End of Expedition & Route Planning

- Finish planned route
- Expedition review
- Instructor debrief
- Plan qualifying route

Qualifying Expedition

DAY 1
Qualifying Expedition

- Kit checks
- Emergency plans
- Navigation refresher
- Overnight camp

DAY 2
Qualifying Expedition

- Emergency plans
- Start planned route
- Remotely supervised
- Overnight camp

DAY 3
End of Expedition & Presentations

- Continue route
- Navigation
- Complete Presentation
- Assessor debrief



GOLD EXPEDITION BY FOOT

for schools & groups



At this level, students will require navigational and expedition skills, to be self reliant in very remote terrain.

Routes will be challenging and take groups through the mountains.

A true challenge with amazing rewards.

£450 per person for an all inclusive package

Duration: 10 Days
Min. group size: 10

Discounts available for larger groups or groups with own equipment.

Below is a typical 'Full Gold Package'. We will work with you to design a programme that suits both your needs and the level of The Award.

*prices are exclusive of VAT



Training / Practice Expedition

DAYS 1
Pre-Expedition Training

- Emergency plans
- Camp craft skills
- Navigation training
- Indoor accommodation

DAYS 2 - 4
Practice Expedition

- Start planned route
- Remotely supervised
- Instructor debrief
- Overnight camps

DAY 5
End of Expedition & Route Planning

- Continue route
- Navigation practice
- Instructor debrief
- Plan qualifying route

Qualifying Expedition

DAY 1
Refresher day

- Kit checks
- camp craft revision
- Navigation refresher
- Indoor accommodation

DAYS 2 - 4
Qualifying Expedition

- Start planned route
- Navigation assessed
- Team work observed
- Overnight camps

DAY 5
End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief



SILVER & GOLD EXPEDITIONS

for schools & groups

Completing an expedition by bike is truly a unique experience.

Challenged by big climbs in wild terrain and on the road, but equally enjoying the thrill of the down hills.

Learn essential expedition skills along with bike handling techniques, maintenance and road safety.



£715 pp

Duration: 11 Days
Min. group size: 12



£585 pp

Duration: 9 - Days
Min. group size: 12

Below is a typical 'Full Gold Package'. We will work with you to design a programme that suits both your needs and the level of The Award.

*prices are exclusive of VAT



Training / Practice Expedition

DAYS 1 - 2
Pre-Expedition Training

- Bike handling skills
- Bike specific navigation
- Route planning
- Indoor accommodation

DAYS 3 - 4
Practice Expedition

- Start planned route
- Bike maintenance
- Instructor debrief
- Overnight camp

DAY 5
End of Expedition & Route Planning

- Continue route
- Navigation practice
- Instructor debrief
- Plan qualifying route

Qualifying Expedition

DAYS 1 - 2
Refresher Days

- Bike handling refresher
- Kit checks & packing
- Navigation refresher
- Indoor accommodation

DAYS 3 -5
Qualifying Expedition

- Start planned route
- Navigation tested
- Camp craft tested
- Overnight camps

DAY 6
End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief



SILVER & GOLD EXPEDITIONS BY CANOE

for schools & groups

The world passes by so much slower when travelling by canoe and the world is seen from a different perspective.

Learn essential canoe handling skills and safety along with typical expedition skills whilst learning to work together with your team.



£780 pp

Duration: 12 Days
Min. group size: 12



£715 pp

Duration: 11 Days
Min. group size: 12

Below is a typical 'Full Gold Package'. We will work with you to design a programme that suits both your needs and the level of The Award.

*prices are exclusive of VAT



Training / Practice Expedition

DAYS 1 - 3
Pre-Expedition Training

- Canoe handling skills
- Water safety & rescue
- Route planning
- Indoor accommodation

DAYS 4 - 5
Practice Expedition

- Start planned route
- Canoe specific navigation
- Instructor debrief
- Overnight camp

DAY 6
End of Expedition & Route Planning

- Continue route
- Navigation practice
- Instructor debrief
- Plan qualifying route

Qualifying Expedition

DAYS 1 - 2
Refresher Days

- Bike handling refresher
- Kit checks & packing
- Navigation refresher
- Indoor accommodation

DAYS 3 - 5
Qualifying Expedition

- Start planned route
- Navigation tested
- Camp craft tested
- Overnight camps

DAY 6
End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief

EXPEDITION SUPPORT FOR SCHOOLS AND GROUPS



Whatever Level of Support you Need

We completely understand the pressures placed on schools and groups who deliver their own DofE expeditions. To help you ensure a smooth and successful delivery, we are available to assist you with whatever level of support you need.

Services available:

- ✓ Hire Mountain Leader qualified Instructors or Assessors for just: **£195** per day + travel + expenses
- ✓ High quality group equipment hire
- ✓ Support with developing safety management systems
- ✓ Consultation on routes and venues
- ✓ Delivering training for students and staff



Large discounts available for schools and groups with their own equipment or able to complete their own administration. Please contact us to discuss your requirements.

*prices are exclusive of VAT

OPEN EXPEDITIONS FOR INDIVIDUALS



Our extensive Open Expedition programme covers all levels of the DofE Award. The expeditions are designed for individuals, who, for a variety of reasons, have not been able to complete either expedition with their own school or group.

How it works

The process is easy. we deliver both Training & Practice Expeditions and Qualifying Expeditions. Book on whichever element you need, and join a group of other individuals to complete your Award section.

You will also benefit from the use of our high quality group equipment.

Locations:

Lake District (North & South)
Peak District (White & Dark)
Bromsgrove, West Midlands
Yorkshire Dales





BRONZE OPEN EXPEDITION BY FOOT

for individuals



The Bronze level is great way to be introduced to the DofE award.

Our programmes are 4 days in duration to include a period of training and route planning. Your expedition takes place over 2 days and 1 nights.

Cost: **£190**

Full details and dates are available on our website.

*prices are inclusive of VAT



Pre-Expedition Training

DAY 1

Pre-Expedition Training & Route Planning

- Get to know your team
- Erecting tents
- Use of stoves
- Navigation training

DAY 2

Training Walk

- Training with Instructor
- Navigation practice
- Instructor debrief
- Route Planning

Qualifying Expedition

DAY 1

Qualifying Expedition

- Kit checks
- Remotely supervised
- Follow planned route
- Overnight camp

DAY 2

Qualifying Expedition

- Group briefing
- Continue planned route
- Remotely supervised
- Debrief from Instructor



SILVER OPEN EXPEDITION BY FOOT

for individuals



Moving into more wild terrain, skills level will increase, along with confidence and the ability to be self-reliant.

Our programme are 4 days in duration to include a period of training and route planning. Your expedition takes place over 3 days and 2 nights.

Cost: **£195** per expedition

Training / Practice and Qualifying Expedition Package.

TOTAL 8-Days

Package Cost: **£390**

Full details and dates are available on our website.

*prices are inclusive of VAT



Training / Practice Expedition

DAY 1
Pre-Expedition Training & Route Planning

- Get to know your team
- Camp craft
- Kit checks
- Route planning

DAYS 2-3
Practice Expedition

- Start planned route
- Navigation practice
- Instructor debrief
- Overnight camps

DAY 4
End of Expedition

- Finish planned route
- Emergency procedures
- Expedition review
- Instructor debrief

Qualifying Expedition

DAY 1
Skills Refresher & Route Planning

- Kit checks
- Navigation refresher
- Route planning
- Overnight camp

DAY 2 - 3
Qualifying Expedition

- Emergency plans tested
- Followed planned route
- Remotely supervised
- Overnight camps

DAY 4
End of Expedition & Presentations

- Continue route
- Navigation assessed
- Complete presentation
- Assessor debrief



GOLD OPEN EXPEDITION BY FOOT

for individuals



The ultimate achievement. Teams will travel through wild and remote terrain in the UK's famous National Parks.

Our programme are 6 days in duration and include a period of training and route planning. Your expedition takes place over 4 days and 3 nights.

Cost: **£285** per expedition

Training / Practice and Qualifying Expedition Package.

TOTAL 12-Days

Package Cost: **£570**

Full details and dates are available on our website.

*prices are inclusive of VAT

NB: Gold expeditions are available for 16 - 25 year olds.



Training / Practice Expedition

DAYS 1 - 3
Pre-Expedition Training & Route Planning

- Get to know your team
- Emergency procedures
- Navigation training
- Route planning

DAYS 4 - 5
Practice Expedition

- Start planned route
- Remotely supervised
- Instructor debrief
- Overnight wild camping

DAY 6
End of Expedition

- Continue route
- Navigation practice
- Build on team work
- Instructor debrief

Qualifying Expedition

DAYS 1 - 2
Refresher days & Route Planning

- Kit checks
- Camp craft revision
- Navigation refresher
- Route planning

DAYS 3 - 5
Qualifying Expedition

- Start planned route
- Navigation assessed
- Team work observed
- Overnight camps

DAY 6
End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief

Our staff are our strength

Amazing staff are the strength of our success.

Each is a keen outdoor enthusiast and full-time professional instructor. Full of knowledge and passion, it's hard not to be motivated by their enthusiasm.

Everything we do is focused on young people's success, which is delivered with a personal approach. We are confident that:

“Your Expedition is in Safe Hands”



Our experience makes yours a better one.

There is no doubt that great staff help to create a successful expedition. This is why we only employ the best.

Programme Co-ordinator

With vast knowledge in delivering DofE programmes, they will work with the school through the expedition delivery process to create an incredible and smooth experience for all participants.

Instructors

Our team of Instructors are qualified, knowledgeable and passionate about the DofE Award and the benefits of young people being involved. They have been carefully selected to work on these expeditions. We operate a staffing ratio of 1:2 teams.

Office Support

Throughout the planning and delivery process our office support staff will be on hand if you have any queries or questions. They also carry out a duty manager role 24-hours a day, in case there are any emergencies during your expedition.

Safety and Supervision



Remote Supervision

Remote supervision is when the safety and well-being of a group is monitored from a distance, with limited direct contact with the group. This technique gives groups an independence whilst being kept safe.

In order to complete a DofE expedition, teams need to have met the '20 Expeditions Conditions' laid down by The Award. The first of these is that the expedition is unaccompanied and self sufficient without outside assistance. For this objective to be met groups cannot be "led" by an instructor. We are still responsible for the safety of the group, so they will be monitored throughout, and we do this by remote supervision.

GPRS Trackers

All teams wear a GPRS tracking device. This signal from the tracker is plotted on an online password protected map, which is only accessible by the expedition staff via their phones or computer.

The trackers use a mobile phone signal. This means there are areas where the trackers may not work due to poor mobile phone coverage. The trackers are used as an additional layer of security and not as a replacement for experienced staff supervision participants.

Ratios



Staffing Ratios

The Adventure Element Ltd staffing is based on a ratio of 1:2 teams + a programme coordinator for large groups over 4 teams. Our staff are highly experienced and qualified leaders and each are DofE assessors.

Their role is to provide technical training and safety supervision. They will be on-hand throughout the expedition to ensure the safety of all students and staff.

All staff carry mobile phones and 2-way radios. This helps to ensure a smooth running expedition and clear communications in the event of an emergency.

Staffing Ratios (Schools)

Pastoral care for the participants is provided by school / group staff, who will also be available throughout the expedition. We require a minimum of 1 member of school / group staff. They will be supported by The Adventure Element instructors who will assist should any incident occur.

A Leader in Duke of Edinburgh's Award Expeditions

We truly believe in the benefits of completing the DofE Award and we will do all we can to help a participants on their journey to success.

SAFETY

Priority Number One. We provide experienced and qualified staff who are supported by our exemplary safety management systems.

ENJOYMENT

It's hard not to enjoy the experience when sharing it with fellow adventurers, giving encouragement and willing you to succeed.

LEARNING

We know the DofE Award pushes boundaries. Participants learn so much about themselves and realise they are capable of more than they expected. Completing the DofE will help them 'stand out from the crowd'.



Adventure Activities Licensing Authority (AALA)

AALA, acting on behalf of the HSE, indicates our Safety Management has been inspected and approved. We are licensed for Trekking, Watersports & Climbing. Ref: R1821



DofE Approved Activity Provider

As an Approved Activity Provider we offer the Expedition section by foot, by boat and by bike.



#YourAdventureInSafeHands

01768 800212

info@TheAdventureElement.co.uk
www.TheAdventureElement.co.uk