

Duke of Edinburgh's Award Kit List



CLOTHING

Item Needed	Got it	Packed it
1 pair walking boots (broken in)		
3 pairs walking socks		
2 pairs sock liners (optional)		
2-3 t-shirts		
Thermal t-shirt (optional)		
2 fleece tops or similar		
2 walking trousers (warm, NOT jeans)		
Underwear		
Flipflops/trainers/sandals (optional)		
Warm hat &/or sunhat (as appropriate)		
1 pair gloves		
1 pair shorts (if appropriate)		
Sunblock (if appropriate)		
1 pair gaiters (optional)		
Waterproof over-trousers		
Cagoule/coat (waterproof & windproof)		
Wellington boots if Canoeing		

GROUP KIT

Item Needed	Got it	Packed it
Tent(s)	Provided	
Camping stove(s) + Fuel	Provided	
Cooking pans	Provided	
Scourers	Provided	
Tea towel		
Plastic bags (for rubbish etc)		
Toilet paper		
Maps 1:25 000)	Provided	
Compass	Provided	
Map cases	Provided	
Camera (optional)		
Light weight small Trowel	Provided	

NOTES

Personal first Aid kit items: Adhesive waterproof plasters, Antiseptic wipes, Anti Bacterial hand wash, Blister plasters, pain killers, Antihistamine / Bite cream, Rehydration sachets, Personal medication if needed.

PERSONAL KIT

Item Needed	Got it	Packed it
Rucksack 65 - 75 Litres		
Rucksack liner (or 2 heavy duty plastic bags / dry bags)		
Sleeping mat (foam or inflatable)		
Sleeping bag		
Dry bag for storing sleeping bag (light weight dry bag)		
Sleeping bag liner (optional)		
Watch		
Whistle		
Torch (head torch, battery operated)		
Spare batteries for head torch		
Personal first aid kit (see notes)		
Water bottles (2 x 1 Litres)		
Knife, spoon		
Small pocket knife/pocket tool		
Camping Bowl, Mug or Thermal Mug		
Box of matches (in waterproof container)		
Essential wash kit/personal hygiene items		
Insect repellent		
Mosquito Head net (optional)		
Food (lightweight & including snacks)		

OPTIONAL ADDITIONS

Item Needed	Got it	Packed it
Storm shelter	Provided	
After-sun cream		
Water purifying tablets		
Waterproof dry bags for clothes		
String		
Sunglasses		
Ball, playing cards etc.		
Hydration bladder (instead of bottles)		
Mobile Phone + Charger		